

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: KZK

Coachinfo: Warming up from: 13:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Hinnekens Rosan HEADCOACH

Coaches: Dewulf Gillian

Coaches: Dewulf Bart

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 31: 200M FREESTYLE MEN 13+					Heat:5, starttime: 15:15
Heat: 5/12 Lane : 4 Athlete: VANNESTE DAAN					Q-time: 02:23:40
PB (50m pool): 02:23.40 Antwerp 26/01/2025					PB (25m pool): 02:17.13 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.53	01:10.91	01:48.45	02:23.40	
	00:33.53	00:37.38	00:37.54	00:34.95	
					

Coach feedback:

Event number: 31: 200M FREESTYLE MEN 13+					Heat:6, starttime: 15:15
Heat: 6/12 Lane : 9 Athlete: PICEU SEPPE					Q-time: 02:23:21
PB (50m pool): 02:23.21 Antwerp 26/01/2025					PB (25m pool): 02:12.88 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.53	01:09.54	01:47.53	02:23.21	
	00:32.53	00:37.01	00:37.99	00:35.68	
					

Coach feedback:

Event number: 31: 200M FREESTYLE MEN 13+					Heat:11, starttime: 15:30
Heat: 11/12 Lane : 0 Athlete: DEBOOSER THIBAUT					Q-time: 02:05:49
PB (50m pool): 02:03.24 ANTWERPEN 30/07/2023					PB (25m pool): 02:01.29 SB: 02:10.10 Kortrijk 26/12/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:03.24	
	no time				
					

Coach feedback:

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Event number: 31: 200M FREESTYLE MEN 13+					Heat:11, starttime: 15:30
Heat: 11/12 Lane : 1 Athlete: FEYS JONAH					Q-time: 02:04:59
PB (50m pool): 02:04.59 Antwerpen 27/07/2025					PB (25m pool): 02:01.68 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:28.47	01:00.73	01:33.79	02:04.59	
	00:28.47	00:32.26	00:33.06	00:30.80	
					

Coach feedback:

Event number: 31: 200M FREESTYLE MEN 13+					Heat:11, starttime: 15:30
Heat: 11/12 Lane : 3 Athlete: DECUPERE ALEX					Q-time: 02:04:01
PB (50m pool): 02:04.01 Antwerpen 27/07/2025					PB (25m pool): 02:01.63 SB: 02:04.38 Brugge 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:28.62	00:59.60	01:32.42	02:04.01	
	00:28.62	00:30.98	00:32.82	00:31.59	
					

Coach feedback:

Event number: 31: 200M FREESTYLE MEN 13+					Heat:11, starttime: 15:30
Heat: 11/12 Lane : 5 Athlete: VERELZEN ROBBE					Q-time: 02:03:90
PB (50m pool): 02:02.33 ANTWERPEN 30/07/2023					PB (25m pool): 01:58.68 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:02.33	
	no time				
					

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN 13+					Heat:1, starttime: 15:35
Heat: 1/9 Lane : 4 Athlete: DUMORTIER ELISE					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M				
PB	no time				
	no time				
					

Coach feedback:

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Event number: 32: 50M BREASTSTROKE WOMEN 13+			Heat:5, starttime: 15:40
Heat: 5/9 Lane : 6 Athlete: ROMBAUT CÉLINE			Q-time: 00:42:92
PB (50m pool): 00:41.00 Brugge 01/02/2026			PB (25m pool): 00:39.26 SB: 00:41.00 Brugge 01/02/2026
	5 0 M		
PB	00:41.00		
	00:41.00		
			

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN 13+			Heat:6, starttime: 15:40
Heat: 6/9 Lane : 8 Athlete: FEYS FARAH			Q-time: 00:42:14
PB (50m pool): 00:42.14 Brugge 23/02/2025			PB (25m pool): 00:39.72 SB: no time
	5 0 M		
PB	00:42.14		
	00:42.14		
			

Coach feedback:

Event number: 33: 50M BACKSTROKE MEN 13+			Heat:1, starttime: 15:45
Heat: 1/7 Lane : 4 Athlete: PICEU SEPPE			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 00:34.89 SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 33: 50M BACKSTROKE MEN 13+			Heat:6, starttime: 15:50
Heat: 6/7 Lane : 0 Athlete: FEYS JONAH			Q-time: 00:32:49
PB (50m pool): 00:30.25 Brugge 01/02/2026			PB (25m pool): 00:31.59 SB: 00:30.25 Brugge 01/02/2026
	5 0 M		
PB	00:30.25		
	00:30.25		
			

Coach feedback:

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Event number: 34: 50M BUTTERFLY WOMEN 13+			Heat:1, starttime: 15:55
Heat: 1/14 Lane : 5 Athlete: DUMORTIER ELISE			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+			Heat:4, starttime: 16:00
Heat: 4/14 Lane : 1 Athlete: ROMBAUT CéLINE			Q-time: 00:40:16
PB (50m pool): 00:40.16 Brugge 23/02/2025 PB (25m pool): 00:35.73 SB: no time			
	5 0 M		
PB	00:40.16		
	00:40.16		
			

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+			Heat:4, starttime: 16:00
Heat: 4/14 Lane : 5 Athlete: DECUPERE LAURENCE			Q-time: 00:39:12
PB (50m pool): 00:39.12 Brugge 23/02/2025 PB (25m pool): 00:34.80 SB: no time			
	5 0 M		
PB	00:39.12		
	00:39.12		
			

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+			Heat:13, starttime: 16:05
Heat: 13/14 Lane : 6 Athlete: CHRISTIAENS JUTTA			Q-time: 00:30:74
PB (50m pool): 00:30.74 Antwerpen 27/07/2025 PB (25m pool): 00:30.27 SB: 00:31.62 Brugge 01/02/2026			
	5 0 M		
PB	00:30.74		
	00:30.74		
			

Coach feedback:

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Event number: 35: 50M FREESTYLE MEN 13+							Heat:5, starttime: 16:15		
Heat: 5/12 Lane : 2 Athlete: DE BAL LUCAS							Q-time: 00:30:69		
PB (50m pool): 00:29.51 Brugge 01/02/2026							PB (25m pool): 00:28.87 SB: 00:29.51 Brugge 01/02/2026		
	5 0 M								
PB	00:29.51								
	00:29.51								
									

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+					Heat:5, starttime: 16:15				
Heat: 5/12 Lane : 5 Athlete: VANNESTE DAAN					Q-time: 00:30:44				
PB (50m pool): 00:30.44 Kortrijk 04/05/2025					PB (25m pool): 00:29.32 SB: no time				
	5 0 M								
PB	00:30.44								
	00:30.44								
									

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+							Heat:6, starttime: 16:15		
Heat: 6/12 Lane : 9 Athlete: VANDEMAELE JACOB							Q-time: 00:30:09		
PB (50m pool): 00:29.12 Brugge 01/02/2026							PB (25m pool): 00:28.01 SB: 00:29.12 Brugge 01/02/2026		
	5 0 M								
PB	00:29.12								
	00:29.12								
									

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+					Heat:10, starttime: 16:20				
Heat: 10/12 Lane : 1 Athlete: DEBOOSER THIBAUT					Q-time: 00:26:72				
PB (50m pool): 00:26.72 Kortrijk 16/02/2025					PB (25m pool): 00:26.02 SB: no time				
	5 0 M								
PB	00:26.72								
	00:26.72								
									

Coach feedback:

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Event number: 37: 200M MEDLEY MEN 15+					Heat:3, starttime: 16:30
Heat: 3/6 Lane : 3 Athlete: THUYLIE VIC					Q-time: 02:41:31
PB (50m pool): 02:36.87 Brugge 01/02/2026			PB (25m pool): 02:33.47 SB: 02:36.87 Brugge 01/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.22	01:14.72	02:01.26	02:36.87	
	00:34.22	00:40.50	00:46.54	00:35.61	
					

Coach feedback:

Event number: 38: 100M FREESTYLE WOMEN 17+					Heat:4, starttime: 16:50
Heat: 4/4 Lane : 2 Athlete: CHRISTIAENS JUTTA					Q-time: 00:59:92
PB (50m pool): 00:59.54 Antwerpen 28/07/2024			PB (25m pool): 00:59.20 SB: 01:01.00 Brugge 01/02/2026		
	5 0 M	1 0 0 M			
PB	no time	00:59.54			
	no time				
					

Coach feedback:

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:1, starttime: 17:25
Heat: 1/7 Lane : 4 Athlete: VANNESTE DAAN					Q-time: 99:99:99
PB (50m pool): 03:04.88 Lago Gent Rozebroeken 07/05/2023			PB (25m pool): no time SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:04.88	
	no time				
					

Coach feedback:

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:2, starttime: 17:30
Heat: 2/7 Lane : 8 Athlete: VANDEMAELE JACOB					Q-time: 99:99:99
PB (50m pool): 02:46.04 Kortrijk 26/12/2024			PB (25m pool): 02:31.51 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.43	01:22.18	02:05.49	02:46.04	
	00:39.43	00:42.75	00:43.31	00:40.55	
					

Coach feedback:

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Event number: 41: 200M BACKSTROKE MEN 13+					Heat:6, starttime: 17:45
Heat: 6/7 Lane : 0 Athlete: PICEU SEPPE					Q-time: 02:34:74
PB (50m pool): 02:34.74 Kortrijk 04/05/2025					PB (25m pool): 02:27.27 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.48	01:16.05	01:56.10	02:34.74	
	00:36.48	00:39.57	00:40.05	00:38.64	
					

Coach feedback:

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:6, starttime: 17:45
Heat: 6/7 Lane : 1 Athlete: THUYLIE VIC					Q-time: 02:32:04
PB (50m pool): 02:31.59 Brugge 01/02/2026					PB (25m pool): 02:31.18 SB: 02:31.59 Brugge 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.44	01:14.03	01:53.67	02:31.59	
	00:35.44	00:38.59	00:39.64	00:37.92	
					

Coach feedback:

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:7, starttime: 17:50
Heat: 7/7 Lane : 2 Athlete: DECUPERE ALEX					Q-time: 02:20:45
PB (50m pool): 02:20.45 Antwerpen 27/07/2025					PB (25m pool): 02:17.30 SB: 02:21.66 Kortrijk 26/12/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.32	01:09.67	01:45.94	02:20.45	
	00:33.32	00:36.35	00:36.27	00:34.51	
					

Coach feedback:

Event number: 43: 100M BUTTERFLY MEN 17+					Heat:3, starttime: 18:00
Heat: 3/3 Lane : 6 Athlete: VERELZEN ROBBE					Q-time: 01:01:81
PB (50m pool): 01:01.81 Antwerpen 27/07/2025					PB (25m pool): 01:00.31 SB: no time
	5 0 M	1 0 0 M			
PB	00:28.97	01:01.81			
	00:28.97	00:32.84			
					

Coach feedback:

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Event number: 43: 100M BUTTERFLY MEN 17+			Heat:3, starttime: 18:00
Heat: 3/3 Lane : 9 Athlete: FEYS JONAH			Q-time: 01:05:22
PB (50m pool): 01:03.57 Brugge 01/02/2026			PB (25m pool): 01:00.87 SB: 01:03.57 Brugge 01/02/2026
	5 0 M	1 0 0 M	
PB	00:29.77	01:03.57	
	00:29.77	00:33.80	
			

Coach feedback: